



PerMed FH Symposium

Quinta da Maquia Hotel, Sintra, Portugal 3-4 December 2026

DAY 1 | 3rd December

8h30-9h00 *Registration*

9h00-9h30 **Opening Ceremony**

Moderator: Mafalda Bourbon

Representative from the Ministry of Health

Representative from the Executive Board of the National Institute of Health

9h30-10h30 **Session 1: Living with FH**

Moderator: Magdalena Daccord

Panel discussion: Elsie Evans, Lena-Rosa Hanaeur & Edwin Kaal

10h30-11h00 *Coffee Break*

11h00-12h30 **Session 2: Genetics of FH – What's new?**

Moderators: Mafalda Bourbon & Steve Humphries

New Insights into *LDLR*, *APOB* and *PCSK9* – and Beyond

Mariane Abi Fadel

Paediatric FH Screening Powered by Genetics: From LDL-C Screening to Cascade Impact

Urh Groselj

Redefining FH: *LDLR* Functionality and the Broader Spectrum

Mafalda Bourbon

Panel discussion: **Speakers, Marta Futema**

12h30-13h30 *Lunch*

13h30-15h00 *Visit Tour*

15h00-16h30 **Session 3: Functional data drives CV risk assessment**

Moderators: Simon Pfisterer & Pablo Corral

Cellular data deepens our understanding of FH gene variant

Simon Pfisterer

From structure to function to precision medicine

Alan Remaley

Early screening for lifelong risk reduction

Ruth Frikke-Schmidt

Panel discussion: **Speakers, Liam Brunham, Gustavs Latkovskis**

16h30-17h00 *Coffee Break*

17h00-18h30 **Session 4: Personalised Treatment for FH**

Moderators: **Gilles Lambert & Aléxis Guédon**

High intensity statins: A one treatment fits all?

Samia Mora

PCSK9/Angptl3: injectables, oral, gene edition?

Dirk Blom

Ex vivo assessment of LLT efficacy

Gilles Lambert

Panel discussion: **Speakers, Handrean Soran**

20h00 *Symposium Dinner at the Hotel*

DAY 2 | 4th December

9h00-10h30 **Session 5: The future of FH – from early diagnosis to Precision Care**

Moderators: **Eric Sijbrands & Antonio Gallo**

FH Tomorrow: Rethinking Diagnosis, Risk and Treatment

Raul Santos

From Cascade to Universal: when is FH Screening a Cost effective Strategy?

Zanfina Ademi

Building Consensus on the Future of FH care: Insights from a Delphi Study

Eric Sijbrands

Panel discussion: **Speakers, Ivan Pećin, Antoine Rimbart**

10h30-11h00 *Coffee Break*

11h00-12h30 **Session 6: Health Policies and Implementation – from evidence to practice across Europe**

Moderators: **Fausto Pinto & Magdalena Daccord**

FH in European Guidelines: From Recommendation to Reality

Representative from the European Commission

European Health Policy: scaling FH screening and Care Across Member States

Representative from the World Health Organization

HTA Realities: Making the Economic Case of FH screening and Genetic Testing

Iñaki Gutiérrez

Panel discussion: **Representatives of Portuguese and Spanish Health Ministries**

12h30-13h00 **Closing Session**

13h00 *Lunch*

Scientific Committee

Mafalda Bourbon, Magdalena Daccord,
Simon Pfisterer, Gilles Lambert, Eric Sijbrands

Organising Committee

Mafalda Bourbon, Patrícia Ramos,
Ana Catarina Alves, Joana Chora, Ana Medeiros